

AFL Approved Curricula List

The curricula on this list have been reviewed and approved for use within AFL projects. Some of these curricula are approved with required modifications and/or guidance. If you choose to use one of the curricula on this list and have been funded by OAPP, you will be provided in writing instructions for making modifications and/or guidance to follow when using the curriculum. You are not required to choose a curriculum that is on this list. However, any curriculum and materials used in your AFL project must be reviewed and approved by OAPP prior to use.

Partners in Parenting Education

Copyright: 1995
Publisher: HOW TO READ YOUR BABY
1825 Marion Street
Denver CO 80218
(303) 864-5247

Abstract: This curriculum is for adolescent parents. There are three books, Listen, Listen, Listen which focuses on communicating and understanding the needs of an infant. Love is Layers of Sharing which focuses on relationship building, and Playing Is Learning which focuses on the importance of emotional stability for learning. This series provides video tapes and activity cards to use with each book, and discussion guides.

Heart To Heart

Copyright: 1998
Publisher: The Ounce of Prevention Fund
122 S. Michigan Ave Room 2050
Chicago, Il 60603 6191
(312) 922-386

Abstract: This curriculum is for teen parents to learn more about child sexual abuse and how to prevent it. This curriculum also encourages community to be more involved in sharing the responsibility of child protection.

With Love & Wisdom Parenting Program

Copyright: 1994
Publisher: Discovery Toys, Inc.
Martinez, CA 94553
(800) 426-4777

Abstract: This is a series of six videotapes accompanied by charts and magazines

supplementing the information presented on the videos that is appropriate for parent use. The series is grouped by baby's age: birth to 6 months, 7 - 14 months, and 15 to 24 months. Topics covered include, the importance of infant touch, feeding basics, getting to know your baby, and a step by step guide to day care selection, positive parenting skills, the importance of self-esteem, communication between infant and parent, playing with children, understanding parenting styles, and the social life of toddlers.

MELD - Mutual Enrichment through Learning

Copyright: 1999
Publisher: MELD
123 N. Third Street, Suite 507
Minneapolis, MN 55401
(612) 332-7563

Abstract: This is a series of educational materials, which includes The New Middle of the Night Book which provides answers about babies, baby care and becoming a parent when no one is there to answer questions. A facilitator book provides direction and activities for the program. Main topics include child development and health. Caring for Baby provides teen mothers with essential information regarding child care and parenting to keep baby healthy and safe. Beginnings...Your Baby's Story provides parents with help in tracking historical, family information and records baby's milestones. An Easter Seal Supplement focuses on discussion ideas and activities on subjects such as disabilities, normal growth and development, and what to do is a problem is suspected. Staying Healthy and Safe is for young mothers. It provides general information about keeping themselves healthy and safe. It focuses on a healthy pregnancy, nutrition, stress management, healthy sexuality and personal safety.

Botvin's Life Skill Training Curriculum (Student Guides, Leader's Manual, 15 min. Audio Tape)

Copyright: 1997
Publisher: Princeton Health Press, Inc.
Princeton, NJ

Abstract: This training program was developed by Dr. Botvin to provide an organized way for middle school and high school students to learn important life skills. It has been found that students who receive assistance in preparing for the challenges of life, e.g., smoking, drinking, and taking drugs are less likely to do so. The student guides are given to each participant and the leader's manuals assist the facilitator in presenting the program.

Discovery: A Leadership Program for Girls and Women

Copyright: 1997
Publisher: Girls Inc. of Metro Denver

3444 W. Colfax Avenue
Denver, CO 80204
Phone: (303) 893-4363

Abstract: This is a thirteen-week program with one session per week. One overnight or weekend retreat is included in the 13 sessions. The curriculum consists of orientation for the adult partners, team building exercises, examining the concept of leadership and planning a community action project. The sessions are activity based with "energizers" that are physical exercise and game-like to keep the participants energized. The majority of the activities are complete in the curriculum. Demonstrating and understanding leadership and its qualities are the hallmark of this curriculum with major emphasis on women in different positions throughout history and how their leadership improved the quality of life for others.

Positive Life Choices – Health: 10 Wise Ways to Stop and Think (Teacher's Manual and Student Workbook)

Copyright: 1998
Author: Patricia Gorman Barry, Ph.D., RN
Publisher: Positive Life Choices
1760 Lafayette Street
Denver, CO 80218
Phone: (303) 837-9484 Fax: (303) 837-1691

Abstract: This curriculum is designed for students in the 6th-12th Grades. It teaches youth critical thinking and problem solving skills - the foundation for responsible decision-making. This curriculum is based on the philosophy that poor decision-making and thinking deficits go hand-in-hand. The absence of higher brain thinking contributes to impulsive, non-thinking reactions that are the hallmarks of risk behaviors. The curriculum is 80 hours. The 30-hour core curriculum is supplemented by 40-50 hours of re-enforcement modules that appear to be critical to students' long-term retention and successful use of critical thinking skills. The core curriculum covers identification of problems and emotions, clarification of problems, choices and their consequences, and verbal and non-verbal communication techniques. The reinforcement lessons focus on school and career in regard to understanding rules, goal setting, active listening, and using thinking skills to stay in school. The social-skills component deals with management of conflict, stress, anger, and responding to peer and social pressures. The Positive Life Choices curriculum can be used effectively in an abstinence education program by focusing the decision-making activities on the choice to choose abstinence and the consequences of sexual activity.

Preparing Youth to Excel in the Workplace

Copyright: 1995

Publisher: Boys & Girls Clubs of Omaha - Success Prep
2200 N. 20th Street
Omaha, NE 68110
Phone: (402) 342-5135

Abstract: The purpose of this curriculum is to prepare adolescents to excel in the workplace. It is based on the premise that adolescents are not well prepared to hold a job. They often have poor work habits, negative attitudes, lack of self-discipline, and no sense of the value of money. The curriculum is designed to be motivational, educational and to provide the teens with the skills necessary to become good workers. It is flexible and can be used as an after-school program or as daily sessions for unemployed youth.

Street SMART (Skills Mastery And Resistance Training)

Copyright: 1997
Publisher: Boys & Girls Clubs of America
1230 West Peachtree Street, N.W.
Atlanta, GA 30309-3447
Phone: (404) 815-5762 FAX: (404) 815-5789
Web Site: www.BGCA.org

Abstract: Please Note: If not a Boys & Girls Club then must partner with one in order to use this curriculum. The goal of this curriculum packet is to start a chapter of the "Torch Club." Members of the "Torch Club" go through the 12 lessons and then plan a community event. The curriculum's goal is to help the club members examine gangs and determine that they are in fact very dangerous. It incorporates into it gang resistance skills. The community event promotes gang awareness and resistance. Topics covered are: What is a Gang?, What are the Signs of Gangs?, What is the Allure of Gangs?, How Gangs Recruit?, What are Gangs Doing in My Community?, The Consequences of Gang Membership, What Laws Pertain to Gangs and Delinquency?, How to Resist Gangs and Survival Skills.